



THE
EUROPEAN
STUDY
CENTER
HEIDELBERG

HEIDELBERG CHALLENGE



MAKE THE MOST OUT OF YOUR EXPERIENCE ABROAD

1

Learn
three
German
sentences

WHATS IT ALL ABOUT?

2

Have a
meal with
a German
Student

3

Interview a
German student
on the differences
and similarities in
University life



"Since the end of November, I have been at a Christmas market at least every other day. The one I have been to the most is the one in Heidelberg, but I have also been to the ones in Mannheim, Stuttgart and Strasbourg. I have never had hot spiced wine before, but I can say now that it is one of my favorite kinds now." - Sean Cuddy, TCNJ

4

Participate
in a German
Festival



"I had the chance to go to Munich for Oktoberfest, and I was able to stay at my friend Carla's relative's house. They were very welcoming for our stay, and we had a great time. We were to take our shoes off before walking up the stairs, and it was much smaller than a traditional American house."!- Molly Muha, TCNJ



COMPLETE TEN FUN ACTIVITIES DESIGNED TO HELP YOU
CONNECT AND IMMERSE YOURSELF IN THE GERMAN
CULTURE AND LANGUAGE.

5

Attend a German Sporting Event



"On September 15th we saw a football match between Hoffenheim and Frieberg, two German teams. The arena grounds were very cool, as they had two old Concord jets on display, as well as an aeronautical museum, along with tons of beer and food tents. Inside the stadium was as big as any football stadium or baseball field in the USA, but the energy felt very different from what I am used to. There were people leading whole sections in chants, and much more emotion than games in the USA."-Sean Cuddy, TCNJ

"Freiburg was one of the teams I really enjoy watching, so it was convenient to go all together. The weather was perfect, and we could not have picked better seats."- Myles Stokes, TCNJ

6

Cook a German Dish

"One night I made schnitzel with the frying pan, and I also attempted to make a jager sauce for it as well. The sauce did not turn out that good, but the schnitzel was great. I flattened it with a pounder and breaded it, and then fried it. I only made it once but it was one of the best dishes I cooked for myself here."- Sean Cuddy, TCNJ



7

Compare German grocery shopping to your home country

"I only spend an average of 50 euros for 2 weeks' worth of supplies for me, while in the US it accumulates to around \$105."- Myles Stokes, TCNJ

"Germans tend to food shop more frequently than Americans. This has to do partly with less space in German kitchen and home, as well as it reduces food waste. There was some adjusting to get used to, as German food stores tend to be smaller, quicker check-out procedures, no plastic bags, and they are closed on Sundays! I do like how food waste is reduced by going to the grocery store more frequently, but I miss being able to shop on Sundays and later in the evening!"- Molly Muha, TCNJ

8

Visit a German Manufacturer



My favorite excursion was when we visited the Mercedes company. Spiraling down from 1835 to current times, the technological advances this company has went through was astounding. While we were not allowed to see their manufacturing process, we received an extremely detailed explanation of every single Mercedes Class available and future concepts too.- Myles Stokes, TCNJ



9

Visit a German Company

"We had the chance to visit the SAP headquarters located in Walldorf, Germany. There was an interactive exhibit where we were able to see the advances in technology, thanks to SAP. We learned about how AI sorts their data, and about Deep Fakes in modern media. We got free lunch, and headed on a short campus tour, where we saw the preschool, as well as the main buildings."- Molly Muha, TCNJ



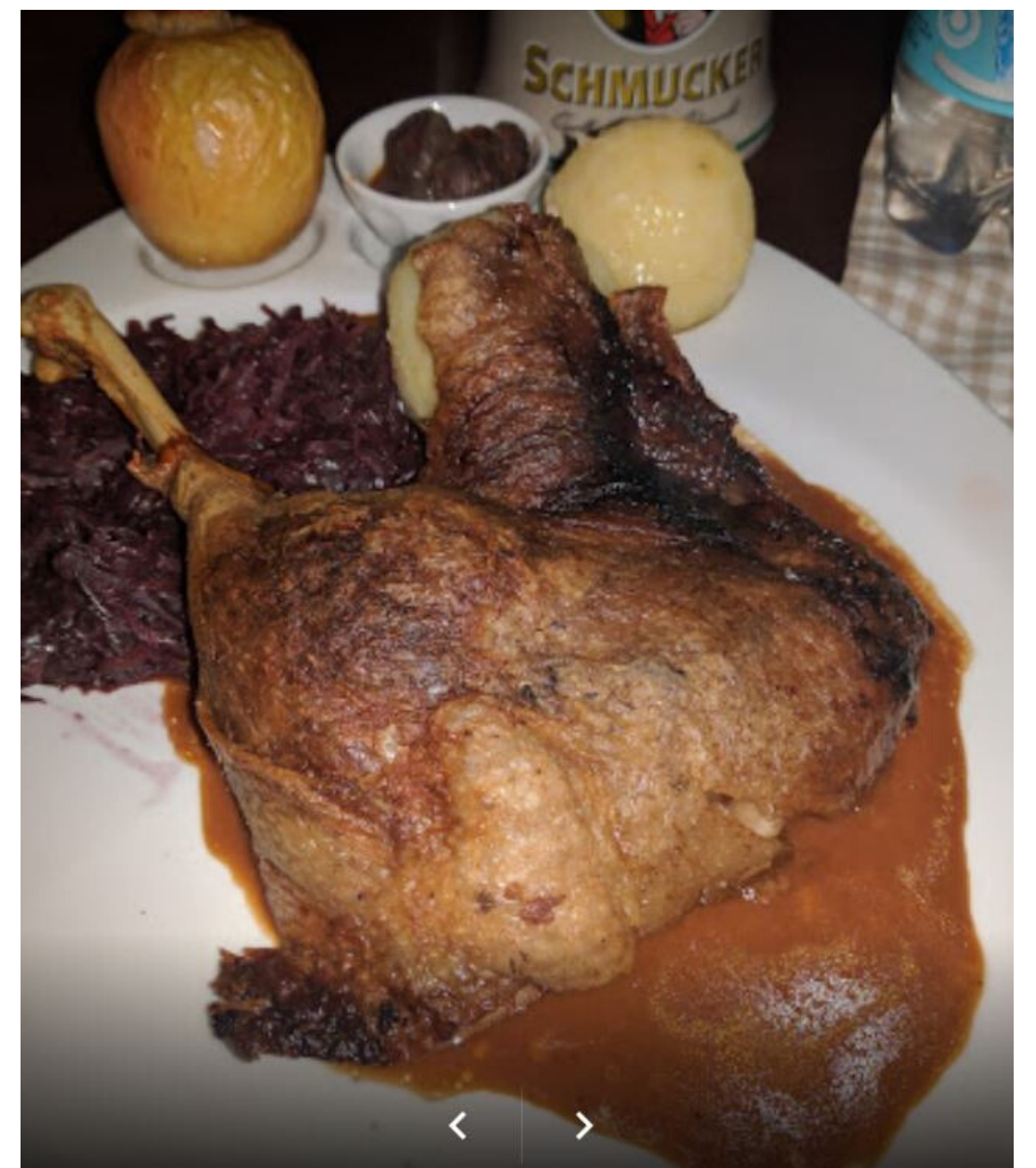
10

Visit a local family run Business

"One of my favorite things to do for breakfast was to visit the local French bakery, located on Ladenburger Strasse. They had the best chocolate croissants, as well as really yummy brochen. I'm really going to miss getting bread and goodies for the morning!"- Molly Muha, TCNJ



"We went out to dinner with my friends father at Wiersserstein, a restaurant in Heidelberg. The owners name was Patrick, and was very familiar with the ESC and Dr. Hume. his children were sitting at the table next to us, hanging out and playing on their iPads. He gave us shots of a liqueur on the house, as well as personally recommended dishes to us."- Sean Cuddy, TCNJ



"My time here in Germany was unbelievable. I made new friends, went to new places, lost a friend, and discovered new things about myself. This trip will always be a sad one, losing Carla was unthinkable and all of us are still dealing with her loss. But despite that, I have never felt better in my life. Going to Amsterdam, taking a road trip to the Dolomites and sleeping in a car, and taking a week long trip to Italy are some of the few highlights of my trip. If I could do it again I would, and I recommend this experience to anyone who thinks about doing it." Sean Cuddy, TCNJ



"Overall, this was an amazing experience that I think every student should see for themselves. Not only does this program expose you to many different cultures and opportunities, but also the chance to be able to travel by yourself and see the world from a different perspective. The entire ESC staff was extremely supportive and helpful in all aspects of this journey. I hope to meet some of them again soon as my goal is to come back to Germany for employment." Myles Stokes, TCNJ

"These four months have been the most unforgettable period in my whole life. I became family with my other American classmates and overcame many difficult times with them. We became truly a team and we can count on each other." - Jiachen Chen, TCNJ



"I have felt a great sense of personal growth during my time here. I feel more confident, knowledgeable, and happy that I decided to go through with studying abroad. Coming into study abroad, I was told "get comfortable with being uncomfortable" and I have to say I've become fairly good at that. I also wanted to learn aspects of German Culture and integrate them in my life in the US. Although I have yet to return, I want to reduce my plastic and food waste back in the US. I also have learned a few essential German phrases that were very useful. I am so grateful for having the opportunity to visit so many different cities, and I wouldn't have done anything different." - Molly Muha, TCNJ